



IF AN INJURY OCCURS AT WORK, YOU MUST:

- A. Report the accident immediately to your supervisor.
- B. A physician chosen from the PANEL OF PHYSICIANS must be used if medical treatment is needed.
- C. If a panel physician is unavailable at the time of an emergency, an emergency facility may treat you; however, any follow up care must be rendered by the physician chosen by you from the Panel of Physicians.
- D. Your Panel Physician can refer you to a specialist if needed. You may not choose a specialist yourself.
- E. **As Virginia Law requires, (Section 65.2-603)**, enclosed is a Panel of Physicians from which you must chose one as your treating physician. If you do not receive treatment from a Panel Physician, your Workers' Compensation benefits may be terminated and your medical bills will not be paid. If you sustain a compensable work injury, your Workers' Compensation Administrator will only be responsible for bills from the following:
 - 1. Panel Physicians
 - 2. Authorized treating specialist
 - 3. An emergency facility in a true emergency